

What's In Our Food?

Our ingredients list is simple. We use only fresh whole foods that are naturally high in nourishing nutrients, the way nature intended. We do not need to add a long list of supplements to our food because we start with whole foods that have been carefully selected to offer the best nutrition for the dog's system - naturally.

Fresh Muscle Meats are very high in protein and naturally contain all of the essential amino acids – that is why you never see synthetic amino acids included in our ingredients list.

INGREDIENTS		KEY NUTRIENTS
	Beef BrisketBeef RoundBeef Chuck	 Amino Acids Minerals Zinc, Iron, Phosphorus Antioxidant Mineral Selenium Vitamin B12, Choline, Riboflavin, Vitamin K
	 Chicken Breast & Thigh, boneless/skinless Turkey Breast & Thigh, boneless/skinless 	Vitamin B12, Choline, Ribotlavin, Vitamin K Fatty Acids
	Salmon Filet, boneless/skinless	
	• Lamb Shoulder	

Fresh Vegetables and Fruit supply dietary fiber and are important sources of essential vitamins, and contain a variety of phytochemicals which are believed to have antioxidant, antibacterial, antifungal, and antiviral properties.

INGREDIENTS		KEY NUTRIENTS		
	• Broccoli	B Vitamins Antioxidant vitamins A, C and E Vitamin K Minerals	 Complex Carbohydrates Compounds that promote natural production of Glutathione known as the 'master antioxidant.' 	
-33	• Carrots	B Vitamins Antioxidant vitamins A, C and E, including (all-E)-beta-carotene isomer (a particularly powerful antioxidant)	 Vitamin K Minerals Potassium, Manganese, Copper, and Phosphorus. 	Omega-3 fatty acidsFiber
3555	• Celery	B Vitamins Vitamin K	Antioxidant vitamins A and C and flavonoids, plus dihydrostilbenoids including lunularin, furanocouma- rins, bergapten and psoralen	 Minerals Potassium, Copper, Calcium, Phosphorus, Magnesium Fiber

Fresh Vegetables and Fruit continued

INGREDIENTS		KEY NUTRIENTS		
	• Collards	B Vitamins Vitamin K Antioxidant vitamins A, C, and E Minerals Manganese, Calcium, Iron, Copper, Magnesium, Phosphorus, Potassium	 Choline Glucosinolates glucoraphanin, sinigrin, gluconasturtiian, and glucotropaeolin believed to have anti-cancer and anti- inflammatory properties. 	Omega-3 fatty acids
	• Cranberries	Minerals Manganese and Copper Antioxidant vitamins C and E Vitamin K Pantothenic Acid	Proanthocyanidins that inhibit growth of harmful bacteria as well as supporting healthy cardiovascular system and liver.	 Reported to have anti-cancer and anti-inflammatory properties. Omega-3 fatty acids Fiber
	• Fish Oil	Omega-3 fatty acids Antioxidant vitamin E		
	• Kale	B Vitamins Antioxidant vitamins A, C and E Vitamin K Minerals	 Complex Carbohydrates Compounds that promote natural production of Glutathione known as the 'master antioxidant'. 	Omega-3 fatty acidsFiber
	• Kelp	• lodine		
	• Potatoes	B Vitamins Antioxidant Vitamins C and E	Vitamin K Minerals Potassium, Magnesium, Iron, Zinc, Copper	CholineFiber
	Whole Grain Brown Rice	B Vitamins Antioxidant vitamins A, C and E Vitamin K	 Minerals Manganese, Zinc, Phosphorus, Magnesium Antioxidant mineral Selenium, tocotrienonols, phenolic acids and phytic acid 	FiberComplex Carbohydrates
	Safflower Oil	Linoleic acid Antioxidant vitamin E		
	• Spinach	B Vitamins Antioxidant vitamins A and C Vitamin K	 Minerals Manganese, Calcium, Magnesium, Iron, Copper, Phosphorus, Zinc Antioxidant mineral Selenium Choline 	 Clycoglycerolipids that help protect lining of digestive tract and reduce inflammation. Omega-3 fatty acids
	• Yams	B Vitamins Antioxidant vitamins A and C	Minerals Copper, Calcium, Potassium, Iron, Manganese, and Phosphorus.	 Complex carbohydrates to help regulate blood sugar levels (low glycemic index). Fiber